

Limietenwedstrijd: Session: 1: COACH evaluation sheet for TEAM: TZT

Coachinfo: Warming up from: 10:00 untill 10:45. Teamleadmeeting @ 10:45 The listed starttimes are indicative!

Coaches: De Cramer Renée

Coaches: Desmet Carl

Coaches: Backs Hubert

Coaches: Vandenbussche Liselotte HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M MEDLEY WOMEN 11-12							Heat:1, starttime: 11:00	
Heat: 1/2 Lane : 4 Athlete: VANPOUCKE LOTTE							Q-time: 03:22:49	
PB (25m pool): 03:22.49 Zaventem 21/06/2025				PB (50m pool): 03:16.92SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:22.49
	no time							
								

Coach feedback:

Event number: 1: 200M MEDLEY WOMEN 11-12							Heat:2, starttime: 11:04	
Heat: 2/2 Lane : 1 Athlete: VERNIEUWE LEANNE							Q-time: 03:09:90	
PB (25m pool): 03:09.90 Zaventem 21/06/2025				PB (50m pool): 03:00.10 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:09.90
	no time							
								

Coach feedback:

Event number: 1: 200M MEDLEY WOMEN 11-12							Heat:2, starttime: 11:04	
Heat: 2/2 Lane : 6 Athlete: HUYBEN STIEN							Q-time: 03:04:62	
PB (25m pool): 03:07.46 Zaventem 21/06/2025				PB (50m pool): 03:00.80 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:07.46
	no time							
								

Coach feedback:

Limietenwedstrijd: Session: 1: COACH evaluation sheet for TEAM: TZT

Event number: 2: 200M MEDLEY MEN 11-12							Heat:1, starttime: 11:09	
Heat: 1/2 Lane : 3 Athlete: LONGUEVILLE JOREN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): 03:45.01 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 2: 200M MEDLEY MEN 11-12							Heat:1, starttime: 11:09	
Heat: 1/2 Lane : 6 Athlete: LEVRAU OSKAAR							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 2: 200M MEDLEY MEN 11-12							Heat:2, starttime: 11:13	
Heat: 2/2 Lane : 4 Athlete: GEERS ARNOUT							Q-time: 02:57:80	
PB (25m pool): 03:10.54 Meulebeke 18/05/2025			PB (50m pool): 02:57.80SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.41		no time		no time		03:10.54
	00:48.41							
								

Coach feedback:

Event number: 2: 200M MEDLEY MEN 11-12							Heat:2, starttime: 11:13	
Heat: 2/2 Lane : 6 Athlete: MOEYAERT ALEC							Q-time: 03:05:60	
PB (25m pool): 03:05.60 TEMSE 23/11/2025			PB (50m pool): 03:00.26SB: 03:05.60 TEMSE 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.48		01:31.74		02:25.98		03:05.60
	00:43.48		00:48.26		00:54.24		00:39.62	
								

Coach feedback:

Limietenwedstrijd: Session: 1: COACH evaluation sheet for TEAM: TZT

Event number: 3: 100M FREESTYLE WOMEN 13-14					Heat:4, starttime: 11:24
Heat: 4/5 Lane : 1 Athlete: VANDENBROUCKE FEBE					Q-time: 01:08:20
PB (25m pool): 01:08.20 TEMSE 23/11/2025					PB (50m pool): 01:08.58 SB: 01:08.20 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.20		01:08.20	
	00:33.20		00:35.00		
					

Coach feedback:

Event number: 3: 100M FREESTYLE WOMEN 13-14					Heat:4, starttime: 11:24
Heat: 4/5 Lane : 3 Athlete: HUYBEN ISOLDE					Q-time: 01:05:94
PB (25m pool): 01:05.94 Diksmuide 12/10/2025					PB (50m pool): 01:05.94 SB: 01:05.94 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.07		01:05.94	
	00:32.07		00:33.87		
					

Coach feedback:

Event number: 3: 100M FREESTYLE WOMEN 13-14					Heat:4, starttime: 11:24
Heat: 4/5 Lane : 8 Athlete: VAN STEENKISTE LIA					Q-time: 01:08:53
PB (25m pool): 01:11.02 Ieper 04/01/2026					PB (50m pool): 01:08.53 SB: 01:11.02 Ieper 04/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.35		01:11.02	
	00:33.35		00:37.67		
					

Coach feedback:

Event number: 3: 100M FREESTYLE WOMEN 13-14					Heat:5, starttime: 11:25
Heat: 5/5 Lane : 1 Athlete: VERNIEUWE IRENE					Q-time: 01:04:60
PB (25m pool): 01:04.60 Temse 17/11/2025					PB (50m pool): 01:05.72 SB: 01:04.60 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.58		01:04.60	
	00:31.58		00:33.02		
					

Coach feedback:

Limietenwedstrijd: Session: 1: COACH evaluation sheet for TEAM: TZT

Event number: 3: 100M FREESTYLE WOMEN 13-14					Heat:5, starttime: 11:25
Heat: 5/5 Lane : 3 Athlete: CLAEYS ELENA					Q-time: 01:03:27
PB (25m pool): 01:03.55 leper 04/01/2026					PB (50m pool): 01:03.27 SB: 01:03.55 leper 04/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.30		01:03.55	
	00:30.30		00:33.25		
					

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 13-14					Heat:2, starttime: 11:29
Heat: 2/3 Lane : 5 Athlete: CHRISTIAENS LUCAS					Q-time: 01:06:73
PB (25m pool): 01:06.73 TEMSE 23/11/2025					PB (50m pool): 01:06.17 SB: 01:06.73 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.22		01:06.73	
	00:32.22		00:34.51		
					

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 13-14					Heat:2, starttime: 11:29
Heat: 2/3 Lane : 6 Athlete: DESANTE LEON					Q-time: 01:07:95
PB (25m pool): 01:07.95 leper 04/01/2026					PB (50m pool): 01:07.99 SB: 01:07.95 leper 04/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.85		01:07.95	
	00:32.85		00:35.10		
					

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 13-14					Heat:3, starttime: 11:31
Heat: 3/3 Lane : 2 Athlete: BLOMME STAN					Q-time: 01:06:34
PB (25m pool): 01:07.10 leper 04/01/2026					PB (50m pool): 01:06.34 SB: 01:07.10 leper 04/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.34		01:07.10	
	00:32.34		00:34.76		
					

Coach feedback:

Limietenwedstrijd: Session: 1: COACH evaluation sheet for TEAM: Tzt

Event number: 4: 100M FREESTYLE MEN 13-14					Heat:3, starttime: 11:31
Heat: 3/3 Lane : 5 Athlete: THIELEMANS LEON					Q-time: 01:04:00
PB (25m pool): 01:04.00 Temse 17/11/2025			PB (50m pool): 01:04.03 SB: 01:04.00 Temse 17/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.78		01:04.00	
	00:30.78		00:33.22		
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 13-14					Heat:2, starttime: 11:46
Heat: 2/3 Lane : 5 Athlete: VAN STEENKISTE LIA					Q-time: 01:17:82
PB (25m pool): 01:19.14 Diksmuide 12/10/2025			PB (50m pool): 01:17.82 SB: 01:19.14 Diksmuide 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.07		01:19.14	
	00:38.07		00:41.07		
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 13-14					Heat:2, starttime: 11:46
Heat: 2/3 Lane : 6 Athlete: VANDENBROUCKE FEBE					Q-time: 01:20:20
PB (25m pool): 01:20.20 Diksmuide 12/10/2025			PB (50m pool): 01:22.84 SB: 01:20.20 Diksmuide 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.08		01:20.20	
	00:39.08		00:41.12		
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 13-14					Heat:3, starttime: 11:48
Heat: 3/3 Lane : 3 Athlete: CLAEYS ELENA					Q-time: 01:10:07
PB (25m pool): 01:10.07 Diksmuide 12/10/2025			PB (50m pool): 01:12.43 SB: 01:10.07 Diksmuide 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:10.07	
	no time				
					

Coach feedback:

Limietenwedstrijd: Session: 1: COACH evaluation sheet for TEAM: TZT

Event number: 7: 100M BACKSTROKE WOMEN 13-14					Heat:3, starttime: 11:48
Heat: 3/3 Lane : 7 Athlete: HUYBEN ISOLDE					Q-time: 01:14:26
PB (25m pool): 01:16.24 Diksmuide 12/10/2025					PB (50m pool): 01:14.26 SB: 01:16.24 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.66		01:16.24	
	00:37.66		00:38.58		
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 13-14					Heat:3, starttime: 11:48
Heat: 3/3 Lane : 8 Athlete: VERNIEUWE IRENE					Q-time: 01:15:37
PB (25m pool): 01:15.37 Temse 17/11/2025					PB (50m pool): 01:16.99 SB: 01:15.37 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.74		01:15.37	
	00:36.74		00:38.63		
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 13-14					Heat:1, starttime: 11:50
Heat: 1/2 Lane : 5 Athlete: CHRISTIAENS LUCAS					Q-time: 01:19:85
PB (25m pool): 01:20.46 Temse 17/11/2025					PB (50m pool): 01:19.85 SB: 01:20.46 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.37		01:20.46	
	00:39.37		00:41.09		
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 13-14					Heat:1, starttime: 11:50
Heat: 1/2 Lane : 6 Athlete: DESANTE LEON					Q-time: 01:22:63
PB (25m pool): 01:24.68 Temse 17/11/2025					PB (50m pool): 01:22.63 SB: 01:24.68 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.34		01:24.68	
	00:41.34		00:43.34		
					

Coach feedback:

Limietenwedstrijd: Session: 1: COACH evaluation sheet for TEAM: TZT

Event number: 8: 100M BACKSTROKE MEN 13-14					Heat:2, starttime: 11:53
Heat: 2/2 Lane : 3 Athlete: BLOMME STAN					Q-time: 01:15:69
PB (25m pool): 01:17.26 Diksmuide 12/10/2025			PB (50m pool): 01:15.69 SB: 01:17.26 Diksmuide 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.99		01:17.26	
	00:37.99		00:39.27		
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 13-14					Heat:2, starttime: 11:53
Heat: 2/2 Lane : 6 Athlete: THIELEMANS LEON					Q-time: 01:16:70
PB (25m pool): 01:16.90 Temse 17/11/2025			PB (50m pool): 01:16.70 SB: 01:16.90 Temse 17/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.61		01:16.90	
	00:37.61		00:39.29		
					

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-12							Heat:2, starttime: 12:02	
Heat: 2/2 Lane : 2 Athlete: VANPOUCKE LOTTE							Q-time: 05:49:06	
PB (25m pool): 05:49.06 Meulebeke 18/05/2025				PB (50m pool): 06:06.37 SB: 06:01.29 Diksmuide 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:22.82		no time		02:50.50
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:49.06
								

Coach feedback:

Limietenwedstrijd: Session: 1: COACH evaluation sheet for TEAM: TZT

Event number: 9: 400M FREESTYLE WOMEN 11-12							Heat:2, starttime: 12:02	
Heat: 2/2 Lane : 3 Athlete: HUYBEN STIEN							Q-time: 05:34:87	
PB (25m pool): 05:34.87 Diksmuide 12/10/2025			PB (50m pool): 05:39.16 SB: 05:34.87 Diksmuide 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:36.98		01:18.99		02:02.47		02:46.06
	00:36.98		00:42.01		00:43.48		00:43.59	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:29.53		04:11.24		04:52.89		05:34.87
	00:43.47		00:41.71		00:41.65		00:41.98	
								

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-12							Heat:2, starttime: 12:02	
Heat: 2/2 Lane : 5 Athlete: VERNIEUWE LEANNE							Q-time: 05:31:49	
PB (25m pool): 05:31.49 Diksmuide 12/10/2025			PB (50m pool): 05:32.23SB: 05:31.49 Diksmuide 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:37.10		01:18.91		02:01.84		02:44.73
	00:37.10		00:41.81		00:42.93		00:42.89	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:27.01		04:09.57		04:51.49		05:31.49
	00:42.28		00:42.56		00:41.92		00:40.00	
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-12							Heat:1, starttime: 12:10	
Heat: 1/2 Lane : 3 Athlete: LONGUEVILLE JOREN							Q-time: 06:43:24	
PB (25m pool): no time			PB (50m pool): 06:43.24SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
	...	...	...	...	...	...	...	...
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
	...	...	...	...	...	...	...	...

Coach feedback:

Limietenwedstrijd: Session: 1: COACH evaluation sheet for TEAM: TZT

Event number: 10: 400M FREESTYLE MEN 11-12							Heat:2, starttime: 12:18	
Heat: 2/2 Lane : 3 Athlete: MOEYAERT ALEC							Q-time: 05:34:09	
PB (25m pool): 05:37.52 Diksmuide 12/10/2025				PB (50m pool): 05:34.09SB: 05:37.52 Diksmuide 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:37.07		01:19.85		02:03.04		02:47.05
	00:37.07		00:42.78		00:43.19		00:44.01	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:29.65		04:12.28		04:55.74		05:37.52
	00:42.60		00:42.63		00:43.46		00:41.78	
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-12							Heat:2, starttime: 12:18	
Heat: 2/2 Lane : 4 Athlete: GEERS ARNOUT							Q-time: 05:17:62	
PB (25m pool): 05:17.62 Diksmuide 12/10/2025				PB (50m pool): 05:19.32SB: 05:17.62 Diksmuide 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:36.67		01:16.80		01:57.99		02:38.47
	00:36.67		00:40.13		00:41.19		00:40.48	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:18.64		03:59.36		04:39.74		05:17.62
	00:40.17		00:40.72		00:40.38		00:37.88	
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-12							Heat:2, starttime: 12:18	
Heat: 2/2 Lane : 8 Athlete: LEVRAU OSKAAR							Q-time: 06:17:65	
PB (25m pool): 06:24.06 Zaventem 21/06/2025				PB (50m pool): 06:17.65SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:31.25		no time		03:10.98
	no time							
	...	...	...	...	...	...	...	...
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:24.06
	...	...	...	...	...	...	...	...

Coach feedback: